

Reaching your full potential after brain injury







"Headway really opened the door for me and changed my life!"

LOOKING FOR SUPPORT AFTER A BRAIN INJURY?

We provide a small-scale liaison advice and support service for people with a brain injury admitted to hospital and their families in both East & West Sussex. If you or a loved one is dealing with a brain injury, please don't hesitate to contact us. Our Hospital Liaison Service is here to support you during this challenging time. We are just a call or email away.

WHAT CAN YOU EXPECT FROM THIS SERVICE?

At Headway Sussex we understand the challenges that individuals and their families face when dealing with brain injuries. Our Hospital Liaison Service is here to provide essential support and information during this difficult time.

Our Services:

- Information and Resources: We offer a wealth
 of information and resources to help you
 understand brain injuries, their effects, and the
 support available.
- Emotional Support: Our dedicated team of professionals and volunteers are here to listen and provide emotional support, helping you navigate the challenges of a brain injury.
- 3. Family Support: We understand that brain injuries affect the entire family. We offer support, guidance, and resources to help families cope and support their loved ones.
- 4. **Rehabilitation Guidance:** Learn about rehabilitation options and access to rehabilitation centers that can aid in recovery.
- 5. **Community Resources:** Discover local resources, support groups, and services that can help in your journey toward recovery.
- 6. **Legal and Financial Assistance:** Help to access information about legal and financial matters related to brain injuries, such as insurance claims and disability benefits.



Our mission at Headway Sussex is to make your healthcare journey smoother and more comfortable. We understand that navigating the healthcare system can be challenging, and we're here to assist you every step of the way.

What We Offer:

- Patient Advocacy: Our dedicated team is your voice in the hospital, ensuring your needs and concerns are addressed with care and attention.
- Emotional Support: Dealing with health issues can be emotionally taxing. We're here to provide comfort and assistance.

OUR OUTCOMES

- Hospital Visits: Our team can visit patients and their families at the hospital to provide in-person support and information.
- Phone and Email Support: Reach out to us by phone or email, and we'll answer your questions and provide guidance.
- Support Groups: Join one of our support groups to connect with others facing similar challenges and share experiences.
- Hubs: Join one of our day centre hubs where you can engage in various activities such as woodwork or art to aid your recovery.
- Counselling: We offer expert counselling to support to client members and family carers.

CONTACT US TODAY

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